

# *The Art of Body Surfing*

Robert Gardner

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ROBERT GARDNER is

committed to two diverse activities with equal fervor and dedication. One is the sport of body surfing which requires a certain toughness of body and spirit and from which he gains a certain satisfaction; the other is his work as Presiding Justice of the Court of Appeal at San Bernardino, California, a job that also calls for skill and sound decision-making. To prepare himself for a grueling day on the bench, the Judge often spends an early morning hour in the surf at a nearby beach, and takes his seat in the knowledge that the day has begun well. With ample experience gained at most of the world's best known surfing beaches, Judge Gardner tells how it's done, clearly, directly and with authority.